

## Friday Night Bash matches (Recommended Beginners Year 2-6)

### The competition:

The competition comprises a scheduled series of One Day Limited-over matches

**Hours of play:** 3:45 pm to 6:00 pm, unless the team managers agree otherwise by before the toss.  
(or as close as you can make it. Please contact opposition coach prior to match day if going to be late!)

**The Team:** 6 players per side

**The Pitch:** The pitch shall be 14m

**The Boundary:** Max size of 25m measured from the batter's stumps

**The Ball:** Incrediball

**The innings:** Each innings shall be limited to 12 overs per side. Score starts at 100 and goes up/down.  
It is not necessary to take the score in these matches, the idea is for the players to learn and develop skills. On field coaching is actively encouraged.

### Batting:

- Each pair bats for 4 overs each
- No outs (-3 runs for an out)
- If a batter gets out, the batters change ends
- Batters to face approximately the same amount of balls each in their pairs.
- Run outs, stumping's, hit wicket, bowled and caught are only dismissal methods allowed. No lbws.
- No helmet, pads or gloves required

### Bowling:

- Bowl from one end only
- All players to bowl a minimum of 2 overs
- Run ups for bowlers should not exceed more than 10 metres (from the stumps)
- Extras: All NO-BALLS & WIDES to be placed on cone and hit by facing batsman
- Runs from cone are scored

**Overs:** Overs shall be limited to 6 deliveries.

**Over-rate:** A minimum of 24 overs shall be bowled in a day; 18 overs per hour.

**Fielding:** A maximum of 6 players are allowed on the field at one time

- No fielder is to be within 10 meters of the striking batter or another fielder

### Points:

There is no points table.